

What is Spiritual Direction?

“It is the guiding of a person into a life truly under the dominion of the Holy Spirit, who is the primary director. It helps the directee to be more and more docile to the light and promptings of the divine Sanctifier, identifying impediments to this as well as ways to overcome them, giving instruction and encouragement in living of virtue and assisting the directee to advance on the path of prayer – the road to union with God.” – Thomas Dubay, S.M. in *Seeking Spiritual Direction*

Reawakening the Call to Holiness

There is a deepening hunger among God’s people to draw nearer to Him; to become holy as He has directed we become. The Lord has taken the initiative in brining people one by one to deeper prayer and a deeper walk with Him. As we come to rely on one another, we see more clearly and understand more deeply the journey we are on. This is a wisdom and a clarity for which many Christians are searching. The Holy Spirit wants the gift of Spiritual Direction shared with the wider Body of Christ.

Costs per Session

(Subject to change)

Payable at the beginning of each session

Tuition and books – \$550

Housing, if needed – \$100

Meals – \$150

Admission Requirements

The candidate must be a member in good standing in a Christian Church and must provide the following:

A spiritual autobiography describing one’s spiritual journey to this point in their life.

A letter of recommendation from the candidate’s pastor or prayer community leader

A letter from their spiritual director, if applicable, reflecting the suitability of the candidate

A narrative describing your reasons for desiring admittance to the School of Spiritual Direction

Completion of an admissions application sent upon request, and the payment of \$50 Application Fee, non-refundable, applied to total tuition

Requirements for Certification

Attendance at all three sessions
Completion of required reading
Make an 8-day silent directed retreat
Completion of a 16-week Practicum

For more information,
contact the Co-Directors:
Michael Firmin 706-951-2067
Beverly Firmin 706-951-2212
alleluiassd@gmail.com

The Alleluia School of Spiritual Direction



*“I am the way, the truth and
the life, ...”*

(John 14:6)

Sponsored by
The Alleluia Community
P.O. Box 6805
Augusta, GA 30916-6805
www.alleluiassd.com

Why a Program of Spiritual Direction Training?

There is a hunger among Christians to go deeper in their journey with God. Most pastors are unable to meet the time demands of providing individual direction. Satan is busy offering alternatives such as New Age and other unscriptural paths to God. The Alleluia School of Spiritual Direction aims to fill this void by making training, leading to a certificate in spiritual direction, available to as many people as possible.

The Alleluia School of Spiritual Direction includes a wealth of solid teaching from experienced spiritual directors and experts in theology and the spiritual life. The School is not academic (there are no tests and no papers to write), but emphasizes personal spiritual transformation over the transfer of information, developing a strong life of prayer along with the skills necessary to accompany others on their journey toward intimacy with God.

Course Work

The candidate completes three unique two-week sessions. The candidate will be equipped to journey with and guide other Christians towards intimacy with God.

The topic of each session will be either Prayer, Healing or Growth along with the foundational elements of spiritual direction. Each two-week session will follow an intense daily schedule including personal and corporate prayer, individual spiritual direction and practice in the skills of direction.

Courses Include

An Introduction to Prayer – Includes a survey of Christian spirituality to illustrate the ways God chooses to communicate Himself, taking the paradigm of the Lord's Prayer as normative.

Living the Discerning Life – Presents discernment as a way of living the Christian life and of reflecting on one's life. Discusses Ignatius' Rules of Discernment and the concepts of consolation and desolation.

Call to Holiness and Spiritual Direction – Emphasizes God's call to intimacy, surveys methods and approaches to discipleship, and traces the rich tradition of spiritual direction in the church.

Healing Prayer – Focuses on how Jesus healed, gives information on various healing ministries in the church today, and explores the importance of past wounds as they affect us as spiritual directors as well as our directees.

Spiritual Warfare – Explores spiritual warfare and deliverance, using classics in the spiritual life and scriptural passages showing how Jesus addressed evil.

Elements of Spiritual Direction – Includes practical exercises and teaching on reflective responses and labeling feelings. Self-disclosure and compassioning are studied as important elements in the spiritual direc-

tion process. Presented through lectures and practice.

Maturity in Christ – The characteristics of the mature Christian's personhood and how the believer is perfected in love.

Christology – How imitating the Person of Christ transforms believers into faithful sons and daughters of the Father.

Life in the Spirit & Operating in the Gifts Teaches the central role of the Holy Spirit in each spiritual direction setting, using the spiritual gifts listed in Isaiah 11 and the Pauline letters.

Schedule of Sessions

05/31/20 – 06/13/20 HEALING
01/10/21 – 01/23/21 GROWTH

06/06/21 – 06/19/21 PRAYER
01/09/22 – 01/22/22 HEALING
06/05/22 – 06/18/22 GROWTH

01/08/23 – 01/21/23 PRAYER
06/04/23 – 06/17/23 HEALING
01/14/24 – 01/27/24 GROWTH

06/02/24 – 06/15/24 PRAYER
01/05/25 – 01/18/25 HEALING
06/08/25 – 06/22/25 GROWTH

01/11/26 – 01/24/26 PRAYER